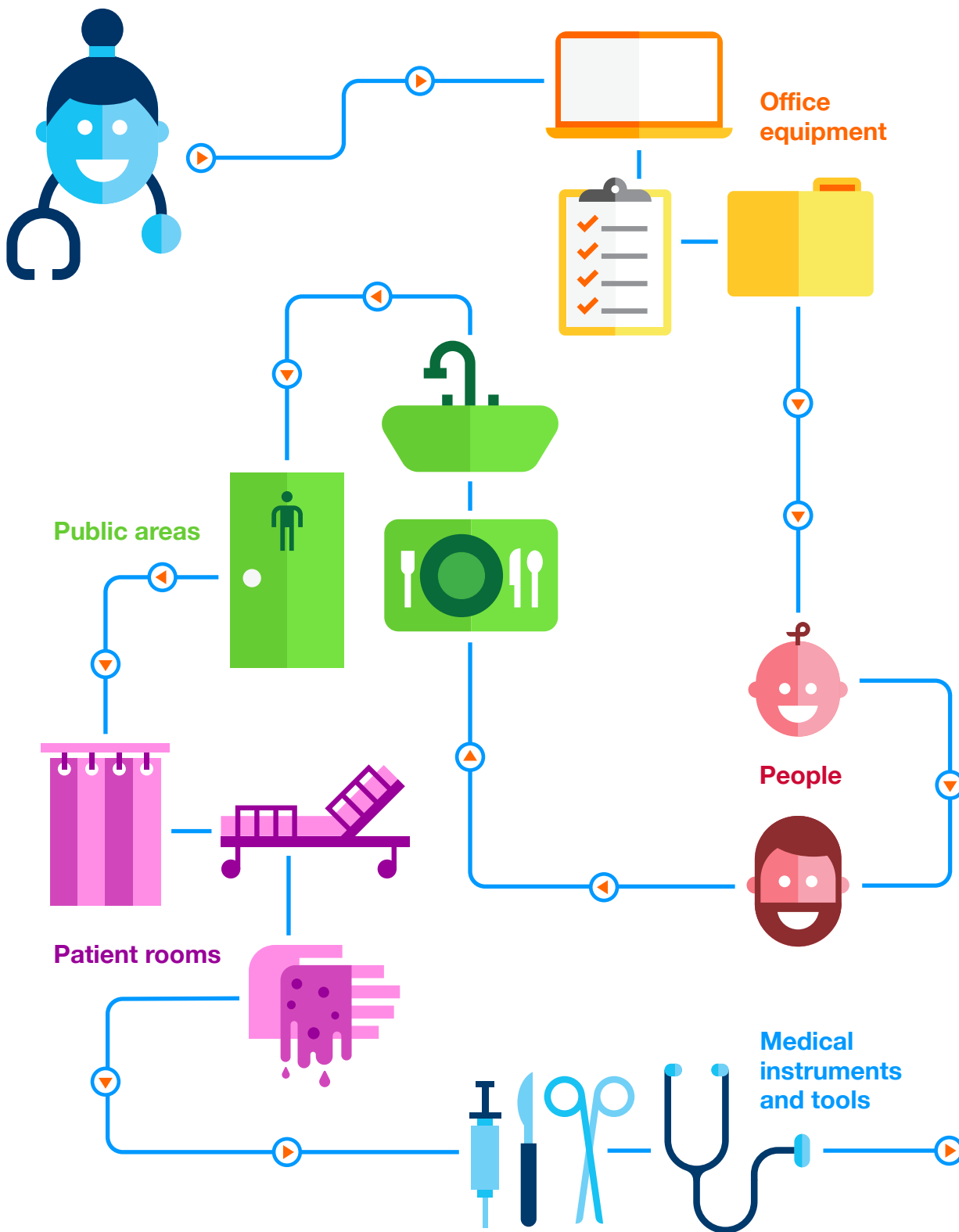


Navigating the traps of Health-Associated Infections (HAIs) as a healthcare worker

Everyday, healthcare workers are exposed to a myriad of infections that occur at various points of contamination throughout their daily path.



Get the facts on HAIs

722,000

HAIs occur yearly during a hospital stay¹

75,000

people die each year as a result of hospital infections¹

That's 2x the number of people that die in car crashes yearly²

1 in 25

hospital patients at any given time get an HAI during their hospital stay¹

\$30+ billion

in direct HAI-related healthcare costs are incurred by hospitals nationally each year¹

Top 5 bacteria associated with HAIs³

- 1 Central line-associated bloodstream infections (CLABSI)
- 2 Catheter-associated urinary tract infections (CAUTI)
- 3 Select surgical site infections (SSI)
- 4 Hospital-onset *Clostridium difficile* infections (*C. difficile*)
- 5 Hospital-onset methicillin-resistant *Staphylococcus aureus* (MRSA) bacteremia (bloodstream infections)

Top 5 moments of hand hygiene⁵

- 1 Before patient contact
- 2 Before aseptic task
- 3 After body fluid exposure risk
- 4 After patient contact
- 5 After contact with patient surroundings

1. California Department of Public Health, (2015), Healthcare Associated Infections (HAI) Program. Retrieved from: <http://www.cdph.ca.gov/programs/hai/Pages/default.aspx> 2. Consumer Reports, Special Report, America's Antibiotic Crisis (2015), How Your Hospital Can Make You Sick. Retrieved from: <http://www.consumerreports.org/cro/health/hospital-acquired-infections/index.htm> 3. Centers for Disease Control and Prevention (2015), Data and Statistics, Antimicrobial Use Prevalence Survey. Retrieved from: <http://www.cdc.gov/HAI/surveillance/> 4. OBP Medical, Simple, Bright, Ideas, Blog (2013), 10 Sources of Cross-Contamination in Hospitals. Retrieved from: <https://obpmedical.com/10-sources-of-cross-contamination-in-hospitals/> 5. World Health Organization (2016), Clean Care is Safer Care: Five Moments for Hand Hygiene. Retrieved from: http://www.who.int/gpsc/tools/5momentsHandHygiene_A3.pdf?ua=1